

Kinetics of nucleotide-dependent structural transitions in the kinesin-1 hydrolysis cycle

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To dissect the kinetics of structural transitions underlying the stepping cycle of kinesin-1 at physiological ATP, we used interferometric scattering microscopy to track the position of gold nanoparticles attached to individual motor domains in processively stepping dimers. Labeled heads resided stably at positions 16.4 nm apart, corresponding to a microtubule-bound state, and at a previously unseen intermediate position, corresponding to a tethered state. The chemical transitions underlying these structural transitions were identified by varying nucleotide conditions and carrying out parallel stopped-flow kinetics assays. At saturating ATP, kinesin-1 spends half of each stepping cycle with one head bound, specifying a structural state for each of two rate-limiting transitions. Analysis of stepping kinetics in varying nucleotides shows that ATP binding is required to properly enter the onehead-bound state, and hydrolysis is necessary to exit it at a physiological rate. These transitions differ from the standard model in which ATP binding drives full docking of the flexible neck linker domain of the motor. Thus, this work defines a consensus sequence of mechanochemical transitions that can be used to understand functional diversity across the kinesin superfamily.

kinesin | iSCAT | microscopy | structural kinetics | structure-function

Kinesin-1 is a motor protein that steps processively toward microtubule plus-ends, tracking single protofilaments and hydrolyzing one ATP molecule per step (1–6). Step sizes corresponding to the tubulin dimer spacing of 8.2 nm are observed when the molecule is labeled by its C-terminal tail (7–10) and to a two-dimer spacing of 16.4 nm when a single motor domain is labeled (4, 11, 12), consistent with the motor walking in a handover-hand fashion. Kinesin has served as an important model system for advancing single-molecule techniques (7–10) and is clinically relevant for its role in neurodegenerative diseases (13), making dissection of its step a popular ongoing target of study.

Despite decades of work, many essential components of the mechanochemical cycle remain disputed, including (i) how much time kinesin-1 spends in a one-head-bound (1HB) state when stepping at physiological ATP concentrations, (ii) whether the motor waits for ATP in a 1HB or two-heads-bound (2HB) state, and (iii) whether ATP hydrolysis occurs before or after tethered head attachment (4, 11, 14-20). These questions are important because they are fundamental to the mechanism by which kinesins harness nucleotide-dependent structural changes to generate mechanical force in a manner optimized for their specific cellular tasks. Addressing these questions requires characterizing a transient 1HB state in the stepping cycle in which the unattached head is located between successive binding sites on the microtubule. This 1HB intermediate is associated with the force-generating powerstroke of the motor and underlies the detachment pathway that limits motor processivity. Optical trapping (7, 19, 21, 22) and single-molecule tracking studies (4, 8-11) have failed to detect this 1HB state during stepping. Single-molecule fluorescence approaches have detected a 1HB intermediate at limiting ATP concentrations (11, 12, 14, 15), but apart from one study that used

autocorrelation analysis to detect a 3-ms intermediate (17), the 1HB state has been undetectable at physiological ATP concentrations.

Single-molecule microscopy is a powerful tool for studying the kinetics of structural changes in macromolecules (23). Tracking steps and potential substeps for kinesin-1 at saturating ATP has until now been hampered by the high stepping rates of the motor (up to 100 s^{-1}), which necessitates high frame rates, and the small step size (8.2 nm), which necessitates high spatial precision (7). Here, we apply interferometric scattering microscopy (iSCAT), a recently established single-molecule tool with high spatiotemporal resolution (24-27) to directly visualize the structural changes underlying kinesin stepping. By labeling one motor domain in a dimeric motor, we detect a 1HB intermediate state in which the tethered head resides over the bound head for half the duration of the stepping cycle at saturating ATP. We further show that at physiological stepping rates, ATP binding is required to enter this 1HB state and that ATP hydrolysis is required to exit it. This work leads to a significant revision of the sequence and kinetics of mechanochemical transitions that make up the kinesin-1 stepping cycle and provides a framework for understanding functional diversity across the kinesin superfamily.

Results

High-Resolution Single-Molecule Microscopy Reveals an Intermediate in the Stepping Cycle at Saturating ATP. We directly observed the stepping cycle of kinesin-1 at saturating ATP by performing in vitro single-molecule assays using iSCAT microscopy (25–27)

Significance

We use high spatiotemporal resolution single-molecule microscopy to directly visualize the structural transitions underlying each step of the molecular motor kinesin-1 at physiological stepping rates. Our results identify a one-head-bound intermediate in the stepping cycle that is initiated by ATP binding and is terminated by ATP hydrolysis. These results supersede previous functional studies because they identify the transitions that must occur to produce a step as opposed to transitions that may occur if the motor is studied under controlled conditions. We thus show that kinesin utilizes a two-step powerstroke mechanism to walk at maximum velocity. The single-molecule methods developed here are broadly applicable for resolving protein conformational changes as small as 2 nm with millisecond temporal resolution.

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Fig. 1. Kinesin substeps at saturating ATP. (*A*) Schematic of the experimental set up. The incident field (E_i) is provided through an objective (O), and the fields reflected (E_r) off the coverslip (CS) and scattered (E_s) by a gold nanoparticle are collected by the same objective. (*B*) Raw image of a 30-nm gold nanoparticle (in focus) on a motor walking along a microtubule (out of focus) at 1,000 frames per second. (*Inset*) The isolated point-spread function after background subtraction. (*C*) Example traces in XY space at 1,000 frames per second and 1 mM ATP. (*D*) Same traces as in C represented as position along the microtubule axis versus time, showing clear evidence of substeps. (*E*) Histogram of positive-step sizes at 1,000 frames per second at 1 mM ATP including a Gaussian mixture-model fit. Individual fit components are shown in color, and mixture fit (sum of components) is shown in black. Step-size distributions for lower frame rates are shown in Fig. S3.

(Fig. 1 *A* and *B*). *Drosophila* kinesin-1 (K560) was fused to an N-terminal AviTag and conjugated to a 30-nm streptavidincoated gold nanoparticle. This conjugation strategy allowed us to maintain the wild-type sequence for the motor domain and had no measurable effect on either the velocity or run length (Fig. S1). Microtubules were attached to a glass coverslip, and the position of the nanoparticles carried by single kinesin motor domains was tracked with subdiffraction-limited precision using established methods (4, 25, 28). The high spatiotemporal resolution of iSCAT enabled tracking at saturating ATP such that stepping kinetics could be recorded for kinesins moving under physiological conditions.

At 1,000 frames per second, gold nanoparticles on moving kinesins were localized with a run-wise average precision, defined as the error of the Gaussian fit to the point-spread function averaged over a processive run, of 1.9 ± 0.4 nm (SEM for n = 31 processive runs; Fig. S2G). To extract steps, the motor position along the microtubule axis was analyzed using a model-free *t* test-based algorithm (29), and 982 total steps were detected. The plateau SD, calculated through pairwise differences with outliers removed (*Materials and Methods* and Fig. S2H) was 3.8 ± 0.3 nm. This base noise level enabled identification of substeps beyond the 16.4-nm steps that have been detected previously (Fig. 1 *C* and *D*) (4, 11, 12). Because 16.4 nm represents a complete mechanochemical cycle for one head, we interpret the substep position as a stable mechanochemical intermediate with the

labeled head unbound and positioned partway between successive microtubule-binding sites. Accordingly, sequential steps were seen to add up to 16.4 nm (Fig. S2). A Gaussian mixture model was fit to the distribution of positive step sizes, and the principle component (78%) had a mean \pm SD of 8.4 \pm 3.0 nm, approximately half the distance between successive binding sites for a single head (Fig. 1*E*). Larger components were found with means 16.1 and 29.7 nm, likely corresponding to missed substeps.

For verification, we repeated the experiment at 200 frames per second and achieved an average precision of 3.9 ± 0.3 nm and plateau SD of 5.3 ± 0.3 nm for n = 26 processive runs. Under these conditions, the mean positive step size was 16.4 ± 0.2 nm (SEM, 636 steps; Fig. S3), consistent with previous tracking studies that used lower ATP concentrations to slow the stepping rate (4, 11). We carried out step-finding analysis on simulated steps generated with experimental signal-to-noise matching both this and previous studies and validated that substeps are only consistently detected with high frame rates and low plateau SDs (Fig. S4).

Kinesin Spends Equal Fractions of Time with 1HB and 2HB at Saturating ATP. The precision achieved when tracking at 1,000 frames per second enabled kinetic analysis of the dwell times preceding each substep. The stepping cycle for each head involves detaching from the microtubule and reattaching to the next microtubule-binding site 16.4 nm away. Hence, the mechanochemical

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Fig. 2. Mechanical transitions in the kinesin stepping cycle. (A) Schematic of two-step cycle with one head labeled, which generates a total 16.4-nm translocation of the motor. Each long plateau duration includes two 2HB states and one 1HB state, and each short plateau duration includes one 1HB state. (*B*) Example trace at saturating ATP with τ_{long} colored black and τ_{short} colored red. (C) Cumulative density functions for a population of $n = 223 \tau_{long}$ and $n = 239 \tau_{short}$ measurements. Solid lines show an exponential distribution generated from the mean of τ_{short} ($\chi^2 = 6.1$, P = 0.73, df = 9) and a gamma function with shape parameter 3 generated from the mean of τ_{long} ($\chi^2 = 9.8$, P = 0.28, df = 8). For investigation into substep plateau standard deviations, see Fig. S6.

cycle can be broken down into two mechanical states: a 2HB state in which both motor domains are positioned on microtubule-binding sites and a 1HB state in which one motor domain is bound to the microtubule and the other is positioned partway between adjacent microtubule-binding sites. Because only one motor domain is labeled, the durations of the two measured states are asymmetric—the time that the labeled head is bound to the microtubule includes the entire stepping cycle (1HB plus 2HB) of the unlabeled head plus the 2HB duration of the labeled head, whereas the second state measures only the 1HB duration of the labeled head. We therefore divide the two-step cycle that generates each 16.4-nm translocation of the gold nanoparticle into τ_{long} , the waiting time preceding the first substep, and τ_{short} , the waiting time preceding the second substep (Fig. 24).

To preserve the phase of alternating substeps along processive runs, a two-state hidden Markov model (HMM) was designed and the Viterbi algorithm was used to return the most likely sequence of states in a given run (23, 30). Each 16.4-nm translocation was thereby divided into τ_{long} and τ_{short} . An example trace with τ_{long} and τ_{short} indexed by black and red coloring, respectively, is shown in Fig. 2B (additional traces in Fig. S5). In most cases, there was no mean displacement in the off-axis position between long and short plateaus (Fig. S5). The distributions for $n = 223 \tau_{long}$ measurements and $n = 239 \tau_{short}$ measurements from 27 traces are shown in Fig. 2C. τ_{short} follows an exponential distribution (red line in Fig. 2C), consistent with it containing one rate-limiting step, whereas τ_{long} follows a gamma distribution with shape parameter 3 (gray line in Fig. 2C), consistent with it containing three similar rate-limiting steps. Using population means, we found that $\tau_{1HB} = \tau_{short}$ was 8.0 ± 0.5 ms and $\tau_{2HB} = (\tau_{long} - \tau_{short})/2$ was 7.8 ± 0.5 ms, or that kinesin spends approximately equal durations in each mechanical state. The sum of these state durations (15.8 ms) matches the total cycle time calculated from the weighted mean velocity of all of the traces of 530.6 ± 28.1 nm s⁻¹ (Fig. S1), or 15.5 ± 0.8 ms per 8.2-nm step.

Kinesin Waits for ATP with 2HB. To address the question of where the rear head is positioned during the ATP-waiting state, we repeated the 1,000 frames per second tracking assay at reduced ATP concentrations. We justified use of the HMM for fitting step durations by first showing that substeps are still detected in reduced ATP using the model-free step-finding algorithm (Fig. S2). τ_{long} and τ_{short} were measured as before, with the hypothesis that both plateau durations would increase if the motor waits for ATP in the 1HB state, whereas only τ_{long} would increase if the motor waits for ATP in the 2HB state (Fig. 2A). As shown in Fig. 3 A-C, τ_{long} was significantly extended at 10 and 100 μ M ATP, whereas τ_{short} was unaffected, consistent with kinesin waiting for ATP in the 2HB state. The plateau durations were decomposed into the 1HB and 2HB durations using $\tau_{1HB} = \tau_{short}$ and $\tau_{2HB} =$ $(\tau_{long} - \tau_{short})/2$ as previously (Fig. 24), and τ_{1HB} and τ_{2HB} were plotted as a function of ATP (Fig. 3D). τ_{1HB} showed a weak dependence on ATP concentration, whereas the ATP dependence of τ_{2HB} was well fit by a Michaelis–Menton model with a fit K_m^{ATP} of 40.7 μ M, in agreement with the ATP dependence of kinesin-1 velocity and ATPase reported previously (2, 31, 32).

At very low (1 μ M) ATP concentrations, where ATP waiting dominates the step duration, a mixture of 1HB and 2HB ATPwaiting states was observed (Fig. S7*A*). These results were well described by a model (*SI Text*) in which the motor, when forced to wait long times for the arrival of ATP, transitions from a 2HB to a 1HB ATP-waiting state at a rate of 1.9 s⁻¹ (Fig. S7*B*). The best fit to the heterogeneous τ_{short} and τ_{short} data were achieved by incorporating different ATP affinities in the 2HB and 1HB states, with fit values $K_{m,2HB}^{ATP} = 39 \ \mu$ M and $K_{m,1HB}^{ATP} = 23 \ \mu$ M. The 2HB ATP affinity closely matches the value measured at higher ATP (Fig. 3*D*), whereas the 1HB ATP affinity is consistent with a model in which pulling the neck linker (NL) backward reduces the ATP affinity of the front head.

Kinesin Hydrolyzes ATP with 1HB. After defining that the transition from the 2HB to the 1HB state principally occurs after ATP binding, we set out to determine whether completion of the 16.4-nm step, which is marked by the return to the 2HB state, occurs before or after ATP hydrolysis. Single-molecule tracking assays were repeated at 1,000 frames per second using saturating concentrations of ATP γ S, a slowly hydrolyzable ATP analog (19, 31, 33). Motor velocity at 1 mM ATPyS was 13.6 ± 1.0 nm s⁻¹ (SEM; n = 33 runs), roughly equal to the velocity for 1 μ M ATP (13.3 \pm 0.8 nm s⁻¹; n = 36 runs). The localization precision in ATP γ S was also comparable to 1 μ M ATP (1.8 ± 0.1 nm and 1.8 ± 0.2 nm, respectively). If hydrolysis occurs in the 2HB state, as might be expected if nucleotide binding was sufficient to dock the NL and enable binding of the tethered head (33, 34), the motor should reside overwhelmingly at microtubule-binding sites 16.4 nm apart and appear very similar to the 1 μ M ATP traces. Surprisingly, the opposite was observed, as exemplified in Fig. 4A (time courses in Fig. S8)—the motor took highly variable steps, changes in position along the microtubule axis were gradual rather than sudden, and movements perpendicular to the microtubule axis without a simultaneous step along the microtubule were common. This behavior suggests that during the key transition that follows ATP binding by the bound head but precedes hydrolysis, the second head is in a tethered 1HB state that is flexible and can sample multiple positions.

We next examined processivity in ATP γS . If hydrolysis can occur in either a 1HB or 2HB state, then run length should increase



Fig. 3. Kinesin waits for ATP in the 2HB state. (*A* and *B*) Example traces in XY space at 100 μ M (*A*) and 10 μ M ATP (*B*) taken at 1,000 frames per second, with τ_{long} indicated in black and τ_{short} indicated in red. (*C*) The same traces shown as position along microtubule versus time. (*D*) Population measurements for the duration kinesin spends in the 1HB (red) and 2HB (blue) states at different ATP concentrations. Error bars represent SEM (n = 233/239, n = 99/103, and n = 275/289 for $\tau_{long}\tau_{short}$ in 1 mM, 100 μ M, and 10 μ M, respectively), and the black line is a weighted fit to the Michaelis–Menton equation plus offset with $K_m^{ATP} = 40.7 \pm 8.1 \mu$ M (fit weighted by inverse SEM, 95% confidence intervals).

in ATP γ S because the tethered head would have a much greater chance to bind before the bound head hydrolyzes its nucleotide and enters a vulnerable 1HB posthydrolysis state (19). The opposite was observed—in single-molecule Qdot-tracking experiments, run lengths were slightly shorter in saturating ATP γ S than in saturating ATP (Fig. 4*B*).

Independent Measurement of a Long 1HB State by Stopped-Flow. The results at saturating ATP (Fig. 2) show that kinesin spends approximately half of each step in a 1HB state, starkly contrasting current models based on step measurements from optical trapping (21, 22). To confirm the single-molecule results, as well as to help constrain rate-limiting steps in the mechanochemical cycle, we carried out ensemble biochemistry experiments using stopped-flow spectrofluorometry. Half-site ADP release experiments were first performed by flushing varying ATP concentrations against microtubule-bound dimer motors incubated in 2'(3')-O-(N-methylanthraniloyl)adenosine 5'diphosphate (mADP). The maximal ATP half-site release rate, which includes all states from ATP binding to mADP release, was 112 s^{-1} (Fig. 5A), in agreement with literature values (33, 35, 36). Next, to estimate the mADP release rate, we measured mADPexchange kinetics in the front head when motors are locked onto microtubules in a 2HB state with adenylyl imidodiphosphate (AMP-PNP) (14, 15, 37, 38). By performing linear regression to the mADP dependence of k_{obs} , we estimate a mADP off-rate of 367 s⁻¹ (Fig. 5B). Comparison of this mADP off-rate with the maximal ATP halfsite release rate (see block diagram in Fig. 5C) yields a purely biochemical calculation of the 1HB state duration of 6.3 ms, in good agreement with the 8.0 ms from single-molecule measurements.

Finally, to better understand the divergent stepping behavior in ATP γ S, half-site mADP release experiments were repeated using ATP γ S. A maximal rate of 28.7 s⁻¹ was measured (Fig. 5*A*), consistent with previous measurements (33). Interestingly,



Fig. 4. High-resolution tracking of kinesin in saturating ATP γ S. (*A*) Four representative traces showing the irregular stepping patterns observed in ATP γ S (γ i- γ iv, blue) along with one trace in 1 μ M ATP at left (Ti, black) for comparison; *x*-axis tick marks represent 50 nm. Traces γ i and γ iii are 10 s long, and traces Ti, γ ii, and γ iv are 5–6 s long. All data (1,000 frames per second) are shown in lighter color, and the 5-ms median boxcar filter of data is shown in darker color. Multiple distinct positions were measured per 16.4-nm translocation, in contrast to the expectation that the motor would reside overwhelmingly on microtubule binding-site positions if hydrolysis occurred with 2HB. For further analysis of traces, see Fig. S8. (*B*) Run-length measurements for Qdot-labeled K560-AviN in saturating ATP (*n* = 299) and ATP γ S (*n* = 283).

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Fig. 5. Ensemble biochemistry and mechanochemical cycle for kinesin. (*A*) Nucleotide half-site release kinetics with Michaelis–Menten fit for ATP (circles; $K_m = 90.4 \pm 20.6 \mu$ M, $V_{max} = 111.7 \pm 8.8 \text{ s}^{-1}$) and ATP γ S (triangles; $K_m = 55.4 \pm 22.1 \mu$ M, $V_{max} = 28.7 \pm 2.7 \text{ s}^{-1}$). (*B*) Front-head mADP-exchange kinetics under strain in AMP-PNP–locked motor–microtubule complexes. Linear fit ($R^2 = 0.98$) to $k_{obs} = k_{on}$ [mADP] + k_{off} yields $k_{off} = 367 \pm 4 \text{ s}^{-1}$ and $k_{on} = 0.46 \pm 0.08 \mu$ M⁻¹ s⁻¹. (*Inset*) Example stopped-flow transient at 75 μ M mADP with fit to biexponential. All error bars are SEM, and all fits are weighted by inverse SEM. (C) Mechanochemical cycle of kinesin-1 in saturating ATP, with the block diagram showing the sequence of states measured in the single-molecule and ensemble experiments. The 2HB duration involves ADP release from the front head (1–2), followed by a transition to the 2HB ATP-waiting state (2–3), which we tentatively define as detachment of the rear head to a weak-binding intermediate with no associated displacement but possibly involving phosphate release. Binding of ATP (3–4) marks the transition to the 1HB state and is followed by ATP hydrolysis (4–5) and tethered head attachment (5–1) to return to the 2HB state. In the half-site mADP-release experiment, the motor starts in an ATP-waiting state similar to 3 (see Fig. S9 for further details) and completes the entire cycle, save for the final transition back into the ATP-waiting state (2–3). The mADP off-rate in the front head-exchange experiment directly measures 1–2. Calculation of rates by subtraction, made visible by comparing rows in the block diagram, yields an independent estimate of 6.3-ms 1HB duration at saturating ATP from biochemical experiments, in agreement with the 8.0-ms estimate from the single-molecule data.

this rate was ~20-fold higher than the 1.35 s⁻¹ single-molecule stepping rate in ATP γ S, indicating that significant off-pathway events such as side steps must be available from state 4. This rate was also fourfold slower than the ATP half-site rate and twofold slower than the stepping rate in ATP, indicating that a 1HB exit without hydrolysis is kinetically inconsistent with the measured stepping rate.

Discussion

In the standard model of the kinesin hydrolysis cycle, ATP binding drives NL docking, swinging the tethered head forward toward the next binding site (34, 39, 40). Optical trapping studies visualize discrete 8.2-nm steps, and previous single-molecule tracking studies visualized 16.4-nm steps without substeps, which together suggest that kinesin spends the vast majority of time with both heads centered at microtubule-binding sites at saturating ATP (4, 11, 21, 22). The single-molecule tracking data presented here conflicts with the current consensus in three ways: (i) at saturating ATP, kinesin-1 spends half of each cycle with one head unbound and positioned between microtubule-binding sites; (ii) ATP binding occurs when kinesin is in a state resembling a 2HB state; and (iii) ATP binding alone is insufficient to complete the powerstroke under normal conditions. Overall, these data motivate a new way of thinking about how kinesin-1 takes steps and help resolve a number of conflicting reports in the literature.

Detection of Substeps at Saturating ATP. By using iSCAT and gold nanoparticle labeling, we were able to detect substeps across a range of ATP concentrations that were not detected in previous

N-terminal head-tracking experiments (4, 11, 12). Substep detection requires low positional variance in the plateau regions relative to the size of the substep, as well as sufficient temporal resolution to capture the fast intermediate plateau (τ_{short}) that separates longer plateaus (τ_{long}). We show through simulations that substeps generated using the signal-to-noise achieved in this study can be properly detected by a step-finding algorithm, whereas substeps generated with a signal-to-noise corresponding to the best available resolution from fluorescence experiments (11) or with reduced frame rates are missed and only 16.4-nm steps are detected (Fig. S4).

Optical trapping studies with C-terminal labeled motors, which have the highest spatiotemporal resolution to date, have ruled out intermediate positions between 8-nm steps having durations longer than 30 μ s (21, 22). Substeps were also not detected in highresolution C-terminal tracking experiments under zero load (8– 10). One way to reconcile these studies with the substep measured here is to posit that the position of the coiled-coil is determined by the bound head when the motor is in the 1HB state and the front head when the motor is in the 2HB state. Additionally, Guydosh and Block showed that forces as low as 0.4 pN applied to a single labeled head are sufficient to fully extend a tethered intermediate either forward or backward, providing an explanation as to why the substeps observed here are not seen under load (12).

To support our single-molecule measurement of a 8.0-ms duration substep, we independently estimated the duration of the 1HB state by ensemble biochemistry techniques and obtained an estimate of 6.3 ms. A similar 1HB state with a duration of 3 ms at saturating ATP was identified by Verbrugge et al. using autocorrelation analysis of FRET fluctuations (17). We attribute the different durations to the differing experimental approaches and different constructs used (N-terminal AviTag-tagged *Drosophila* wild-type versus Cys-modified human kinesin-1). It was recently shown that for Cys-lite kinesin-1 constructs, the force-velocity profile and the ability to take backsteps under hindering loads differ significantly from wild type (41), suggesting possible deviations in the mechanochemical cycle.

The Conformation of the ATP-Waiting State Varies with [ATP]. There is disagreement in the literature of whether the trailing head detaches before ATP binds to the front head or whether ATP binds in the 2HB state, followed by trailing head detachment. Interhead strain in the 2HB state is thought to slow binding of ATP to the front head and accelerate detachment of the trailing head (21, 42-46), leading to a model in which the trailing head detaches before ATP binds to the leading head. In support of this model, single-molecule fluorescence studies have found that the fraction of time the motor spends in a 1HB state falls with increasing ATP concentrations (14, 15). In contrast, singlemolecule tracking studies with a probe on one head (4, 11) and biochemical measurements of the reversal of ATP hydrolysis in dimeric kinesin (18) suggest a model in which ATP binding occurs when the motor is predominantly in a 2HB state. This question is important because a 1HB ATP-waiting state implies a ratchet-like mechanism in which the tethered head diffuses freely until its forward conformation is stabilized by ATP binding and NL docking. In contrast, a 2HB ATP-waiting state implies a powerstroke-like mechanism in which detachment of the trailing head is triggered by a conformational change in the leading head that occurs when its NL is pulled backward to accommodate the 2HB state and presumably unable to dock.

We found that at ATP concentrations down to 10 µM, the ATP-waiting state was clearly identified as having both motor domains positioned on or above microtubule-binding sites (Fig. 3C). Thus, under normal conditions, ATP binding precedes complete detachment of the trailing head. However, at 1 µM ATP, where the motor steps at $\sim 2 \text{ s}^{-1}$, we measured both shortand long-lived 1HB states (Fig. S7). The data were well fit by a model in which kinesin can transition to a 1HB ATP-waiting state at a rate of 1.9 s⁻¹. Our data provide a mechanism to explain why single-molecule FRET and fluorescence polarization studies observe a 1HB waiting state at low nucleotide concentrations but not at saturating ATP (14, 15), whereas it is still possible to detect 16-nm steps even at low ATP (4, 11). A noteworthy implication of a 2HB ATP-waiting state is that kinesin's first step, characterized by colliding with a microtubule while having ADP in both heads and subsequently releasing one, is unique from all steps that follow it (Fig. S9). Thus, in any experiment where the ATP-waiting state is preformed by incubation in low nucleotide concentrations, an ensemble of first steps alone will be measured, meaning the results may not be representative of the normal stepping cycle.

Hydrolysis Accelerates Completion of the Powerstroke. Another debated issue is whether hydrolysis occurs before or after the tethered head binds to the next binding site on the microtubule. Forced unbinding, fluorescence polarization microscopy, and single-molecule FRET studies with the nonhydrolyzable ATP analog AMP-PNP all show that hydrolysis is not required for the motor to enter a 2HB state (14, 15, 33, 37, 47). However, in stopped-flow experiments, AMP-PNP and ATP γ S in wild-type motors and ATP in a hydrolysis mutant all trigger release of ADP from a tethered intermediate at a rate of about 30 s⁻¹ (Fig. 5*A*) (20, 33). This rate is fourfold slower than the release rate measured using ATP (Fig. 5*A*) (33) and is twofold slower than the stepping rate (Fig. S1), strongly suggesting that under physiological conditions, hydrolysis occurs before tethered head at-

tachment. Milic and coworkers recently showed that processivity under assisting load is not increased in ATP γ S but is increased by adding phosphate to the media, in support of ATP hydrolysis occurring before tethered head attachment (19, 41). We extend that result by showing that in a zero-load assay the run length in ATP γ S is not higher than the run length in ATP (Fig. 4*B*), and we further show that the position of the motor domain while waiting to hydrolyze ATP γ S is not predominately localized on microtubule-binding sites like it is while waiting for ATP (Fig. 4*A*).

Our results are most consistent with a two-step model of the powerstroke in which ATP binding only partially docks the NL and hydrolysis completes docking to accelerate tethered head attachment (19, 41, 48). This model contrasts with the conventional model of ATP binding driving full NL docking (34, 39). Structural support for the conformational changes that enable NL docking upon ATP binding, either by clamshell-like closure of the "nucleotide cleft" and the associated opening of the "docking cleft" via rotation of the N-terminal subdomain (49) or by reorientation of switch I/II and P-loop subdomains (50), come from comparisons of the no-nucleotide structure to the ADP-aluminum fluoride (ADP-AlFx) structure. If the ADP-AlFx structures actually represent the ADP·P_i state (19, 51, 52) rather than the ATP state [which is further supported by the low tethered head resolution from cryo-EM in AMP-PNP (53)], our data are in full agreement with these structural analyses. A two-step powerstroke is also consistent with the N-terminal strand forming a bundle with the NL that stabilizes its forward-biased state (54, 55); our data suggest that neck-cover bundle formation at a rate necessary to match physiological stepping rates requires hydrolysis.

Rate-Limiting Steps in the Hydrolysis Cycle. Randomness measurements from optical trapping experiments suggest that there are two rate-limiting steps in the hydrolysis cycle at saturating ATP (2). The finding here that the 1HB and 2HB states are of approximately equal duration at saturating ATP is consistent with there being one rate-limiting step in each. Our data enable us to define the sequence of mechanochemical transitions that make up the ATP hydrolysis cycle and to constrain the rate-limiting steps (Fig. 5C). The duration the motor spends in the 1HB state comprises the time it takes for ATP hydrolysis plus the time it takes for tethered head attachment. As τ_{1HB} follows an exponential distribution (Fig. 2C), one of these rates is expected to dominate. Burst hydrolysis rates ranging from 50 s⁻¹ to over 500 s⁻¹ have been reported from acid-quench experiments on kinesin-1 (20, 56, 57); hence, this parameter is not tightly constrained by the literature. The measured 1HB time sets a lower limit of 125 s^{-1} for the hydrolysis rate, but the rate of tethered head attachment is unknown. The question of whether ATP or ADP P_i is the predominant species in the bound head during the 1HB state is important because the duration of the 1HB ADP·P_i state is expected to determine processivity (19, 41), and it is reasonable to expect that this parameter is tuned differently in noncanonical kinesins that carry out different cellular tasks than kinesin-1 (45).

Candidates for the rate-limiting step in the 2HB state include ADP release by the tethered head, the transition to the ATPwaiting state, and ATP binding (Fig. 5*C*). Direct measurements of the mADP off-rate here (Fig. 5*B*) and in previous studies (57) support this rate being very fast. ATP binding is also expected to be very fast at saturating ATP. Hence, the rate-limiting step in the 2HB state is the transition into the 2HB ATP-waiting state (state $2\rightarrow 3$ in Fig. 5*C*). Based on our data, this transition involves the trailing head entering a weakly bound state that is centered on the trailing tubulin-binding site and the front head becoming competent to bind ATP. This transition likely involves phosphate release by the trailing head, and the ability of the front head to bind ATP may result from relief of interhead tension, but these details go beyond our current data.

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In the cell, the high velocity, stall force, and processivity of kinesin-1 contribute to its ability to traffic cargo toward the periphery. The mechanochemical cycle defined here by real-time observation of conformational changes in processive kinesin-1 dimers helps to explain the mechanism underlying these distinct biophysical properties. Other processive motors such as dynein and myosin-V couple their chemical and mechanical transitions in different ways than kinesin, and it is expected that kinesins having different intracellular roles will use different mechanochemical tuning. Application of the methods established here to the diverse kinesin superfamily and other protein machines will further our understanding of how cells tune their moving parts.

Materials and Methods

Protein Preparation. The K560-AviN construct was made by adding the biotin ligase consensus sequence (AviTag) GLNDIFEAQKIEWH (Avidity) as well as two glycine residues for flexibility directly after the start codon in Drosophila kinesin-1 truncated at amino acid 560. A C-terminal 6× His tag was also inserted directly before the stop codon. For the K560-AviC construct, the AviTag was placed directly upstream of the 6× His tag, and the two glycine residues were placed upstream rather than downstream of the AviTag. All insertions were carried out using Q5 site-directed mutagenesis (New England Biosciences). Motors were expressed polycistronically with BirA biotin ligase (Avidity), in BL21(DE3) (New England Biosciences), and 0.5 mM biotin was added to the LB media at induction. Affinity chromatography and buffer exchange were carried out as descried previously (46). Final motor concentration was measured by absorbance at 280 nm. Biotinylation efficiency was tested using a colorimetric 4'-hydroxyazobenzene-2-carboxylic acid (HABA) assay (Sigma) and found to have a maximum of 0.2 biotin per kinesin head, which minimizes the probability of kinesin dimers with biotin on both heads.

Single-Molecule Experiments. Single-molecule in vitro experiments were carried out using a custom-built iSCAT microscope (25, 26). Coverslips were washed thoroughly with deionized (DI) water, then incubated in 1% Hellmanex III (Helma), washed with methanol and again with DI water, and blown dry. Taxol-stabilized microtubules, prepared as in ref. 46, were immobilized on the glass surface by first introducing 0.2 mg/mL casein, then adsorbing a rigor (Switch I) mutant of full-length Drosophila kinesin-1 (R210A) to the surface, and finally introducing microtubules, which bound strongly and irreversibly to the rigor mutant (20). Imaging solution contained 0.5 mg/mL casein, 10 µM taxol, 20 mM glucose, 20 µg/mL glucose oxidase, 8 µg/mL catalase, 0.2 mg/mL BSA, 1:200 β-mercaptoethanol, and nucleotide in BRB80 (80 mM Pipes, 1 mM EGTA, 1 mM MgCl₂; pH 6.8). Biotinylated motors were incubated with streptavidin-coated 30-nm gold nanoparticles (BBI Solutions) on ice for 30 min at a final concentration of 300 pM of each in the imaging solution and added directly to the flow cell. For 1 μM ATP and 1 mM ATP γS experiments, 1,200 pM motor to 300 pM 30-nm gold were used. Motor concentrations by absorbance represent an extreme upper limit of the concentration of active, biotinylated motors, and the single-molecule landing rate showed a linear relationship up to 6:1 motor-to-gold ratio, justifying the use of these molar ratios with the expectation of only one motor per nanoparticle. In some cases, AMP-PNP was used to first lock the motors onto the immobilized microtubules before switching to ATP to maximize the number of observable motile events. In the 200- and 400-frames-per-second traces, microtubules were adhered to the surface by short treatment (<30 s) with 0.5% glutaraldehyde. This method was less effective at stabilizing microtubules and most likely explains the increase in plateau SD.

For controls and run-length measurements, Qdots (Q565 Qdots; Life Technologies) were used instead of gold nanoparticles. Motors and Qdots were incubated at a final concentration of 100 pM each, and flow cell construction and microtubule immobilization were identical. Qdot imaging was performed with a Nikon TE2000 inverted microscope set up for total internal reflection using an 80 mW Argon laser (Spectra Physics). Movies were recorded using a Cascade 512 EMCCD camera (Roper Scientific) and MetaVue software (Molecular Devices) at 10 frames per second. Qdot positions were

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determined by Gaussian fitting to moving point-spread functions using FIESTA software (28). Velocity was calculated by linear fitting to the distance over time trajectories. Traces with obviously curved trajectories were not included, and a threshold of four points (400 ms) was set as the minimum for deciding whether or not a tracked object represented a processive run. Run length was determined by the total distance traveled. For ATP_YS, run lengths below the minimum average measurement for ATP, 212 nm, were excluded. Velocity for a population was calculated as a weighted average using run lengths, because longer runs produced more confident linear fits:

$$\overline{V} = \left(\sum_{j=1}^{N} L_j\right)^{-1} \cdot \sum_{i=1}^{N} L_i V_i,$$

where L and V represent run length and velocity, respectively, and N represents the number of traces obtained. All experiments were performed at 22–23 °C.

Ensemble Biochemistry. All stopped-flow experiments were performed on an Applied Photophysics SX20 spectrofluorometer at 22-23 °C. Data acquisition and fitting were performed in Pro-Data SX software (Applied Photophysics). For the nucleotide half-site experiments, one syringe was filled with 2 μ M microtubules, 10 μ M taxol, 500 nM mADP, and 200–400 nM biotinylated K560-AviN in BRB80 buffer. This mixture created a motor-microtubule complex with 1HB to the microtubule in the apo state and the second head free and containing mADP (1). The second syringe was filled with ATP or ATP_γS in BRB80. All concentrations shown in Fig. 5 show final nucleotide concentrations after mixing the contents of the two syringes. Excitation was set to 356 nm for the mADP nucleotide, and 450-nm emission was collected using an HO480SP emission filter. An integration time of 1 ms was set for the photomultiplier tube. The fluorescence transient generated upon mixing was fit with a double exponential in the range of 1-500 ms, and the faster rate constant was reported. Each nucleotide concentration was measured three to five times, and the mean and inverse SEM were used to perform a weighted fit to the equation

$$k_{obs} = \frac{k_{max}^{ATP/HS}[ATP]}{[ATP] + K_m^{ATP}}$$

with $k_{max}^{ATP/HS}$ and K_m^{ATP} as free parameters.

For the front-head nucleotide-exchange experiment, one syringe was filled with 7.5 μM microtubules, 10 μM taxol, 100 μM AMP-PNP, and 1 mM k406 in BRB80. The dimeric k406 construct, D. melanogaster kinesin-1 truncated at amino acid 406, was used because it could be prepared at higher concentration and also produced cleaner fluorescence transients. This mixture created a motor-microtubule complex with two heads bound, the rear head with AMP-PNP and the front head in the apo state (38). The second syringe was filled with varying mADP in BRB80. Excitation was set to 280 nm to measure FRET between tryptophan residues in the front head and mADP nucleotides (18). An integration time of 200 µs was set for the photomultiplier tube. The fluorescence transient generated upon mixing was fit with a double exponential in the range of 1.6-100 ms (lower bound was adjusted ± 0.4 ms to account for the dead time on a per-trace basis; see Fig. 5B, Inset for example), and the faster rate constant was reported. Each mADP concentration was measured four to six times, and the mean and inverse SEM were used to perform a weighted fit to the equation

$$k_{obs} = k_{on}^{mADP}[mADP] + k_{off}^{mADP}$$
,

with k_{on}^{mADP} and k_{off}^{mADP} as free parameters.

For details on image analysis, trace preparation, step-finding algorithms, simulations and modeling, see *SI Text*.

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